

# It's Time for Your Flu Shot



## Dear Member,

The flu is very contagious and can be a serious threat against your health, especially if you are 65 or older, or have:

- Obesity
- Lung disease
- Heart disease
- A weakened immune system
- Diabetes, liver or kidney disease

The cost of the flu shot is covered by Family Health Network. Adults age 19 or older can go to their medical provider's office or any in-network pharmacy (with a prescription) that offers flu shots at their retail location.

If you need help finding an in-network pharmacy, Member Services can help you. The phone number to call is **1-888-FHN-4YOU** (346-4968).

You can also go online to a pharmacy location near you to find out when they give flu shots.

*Para traducción en español, llame al Departamento de Atención al Miembro al 1-888-346-4968.*

Illinois Client Enrollment Services will send you information about your health plan choices when it is time for you to make a health plan choice and during your Open Enrollment period.

Family Health Network complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-346-4968 (TTY: 711).

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-888-346-4968 (TTY: 711).



322 S. Green St., Suite 400  
Chicago, IL 60607

[www.fhnchicago.com](http://www.fhnchicago.com)

